Energy Body Residential Retreat Testimonials

Kitty K.
Of all the sessions I have experienced at Monroe I can say the Energy Body was the most useful of all. While each residential experience has given me new information, exciting experiences and introduced me to others along this same journey, only Energy Body heightened my awareness of my own energy and showed me how to raise my vibration.

Arden B.
Go with the flow' takes on new meaning as you root/ground, clear, energize, heal and balance to the soothing voice of energy expert Patty Ray. I continue to listen to your CDs. Thanks for your wonderful programs.